

# Coping with loss: Helpful links for bereavement

Start here: [115 Grief Resources](#)

## Individual grief support

- [Rerooting Tools](#)
- [Complicated Grief \(Columbia Univ.\)](#)
- [Grief Healing](#)
- [Grief.com](#)
- [Transitions Professional Center - Grief Counseling](#)
- [Center for Loss - Grief Support](#)
- [Tom Zuba - Grief Speaker/Author](#)
- [Megan Devine - Grief Speaker/Author](#)
- [Georgena Eggleston - Beyond Your Grief](#)
- [What's Your Grief](#)
- [Speaking Grief](#)
- [Take Heart Ministry](#)
- [Grief support for Widows](#)

## Family grief support

- [The Dougy Center - Support children/families](#)
- [Compassionate Friends - Support families](#)
- [Helping After Neonatal Death - HAND](#)

## Group grief support

- [Sheryl Sandberg - Grief Support](#)
- [Griefshare - Grief Support](#)
- [Willamette Valley Hospice - Grief support](#)
- [Providence - Grief support groups](#)
- [Legacy Health - Grief Support](#)
- [Lumina Hospice - Grief Support](#)

## Videos

- [Coping with grief and the holiday - Lecture by Kathleen Braza, MA](#)
- [The Myth of Closure](#)

## Books in the Community Health Education Center (CHEC)

- [Grief Literature in the CHEC](#)

## Articles, Books, Presentations

- [5 Lies you were told about grief](#)
- [Coping with Grief](#)
- [Good Grief Support Isn't Just A One Time Thing](#)
- ['Stay Strong' and Other Useless Drivel We Tell the Grieving](#)
- [32 Books About Death and Grief](#)
- [32 \(More\) Books About Death and Grief - Part 2](#)

Questions? Email [griefresources@salemhealth.org](mailto:griefresources@salemhealth.org).